

# connect the dots: A Community Thread Service Initiative

## Hygiene Kits

### Supplies Needed

- Shampoo and conditioner
- Bars of soap
- Deodorant
- Toothpaste
- Toothbrushes
- Combs
- Gallon-size bags

*The average cost to assemble supplies for one pack is \$7.*

### Instructions

1. Gather or buy supplies listed on the left. Make sure to only include new items.
2. Gather a group of friends, family, or coworkers to help you assemble the kits.
3. Put one of each supply into a bag.
4. You can even print out coloring sheets to decorate and include, found at: [www.CommunityThreadConnect.org](http://www.CommunityThreadConnect.org)!
5. Assemble as many kits as you would like, and drop off at Community Thread. You can stop by anytime during business hours of 9:00am-4:00pm Monday through Friday.

### Reflection

- What did you do today?
- What did you learn that you did not know before?
- How did making these hygiene kits to donate make you feel?
- How will a kit help someone?

### Purpose

These packs will be distributed to Valley Outreach, Tubman, and Canvas Health. Clients at these nonprofits will receive needed supplies thanks to your packing!

#### *Did you know?*

According to the IRS, personal care products & services cost one person an average of \$34 a month and \$70 for a family of 4 each month.

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Drop off completed kits at Community Thread by June 30, 2016.

Help us reach our goal of **2,000** total kits for our community!

Join the conversation: [#stcroixserves](https://twitter.com/stcroixserves)



community thread

[www.CommunityThreadConnect.org](http://www.CommunityThreadConnect.org) • 651.439.7434 • 2300 Orleans Street West, Stillwater